



# Sakya Monastery of Tibetan Buddhism



## BOOK CLUB: *LOVE AND RAGE* BY LAMA ROD OWENS



### The Marici Fellowship Allyship Program Book Club Series

**Date:** Every other Wednesday  
Beginning May 5

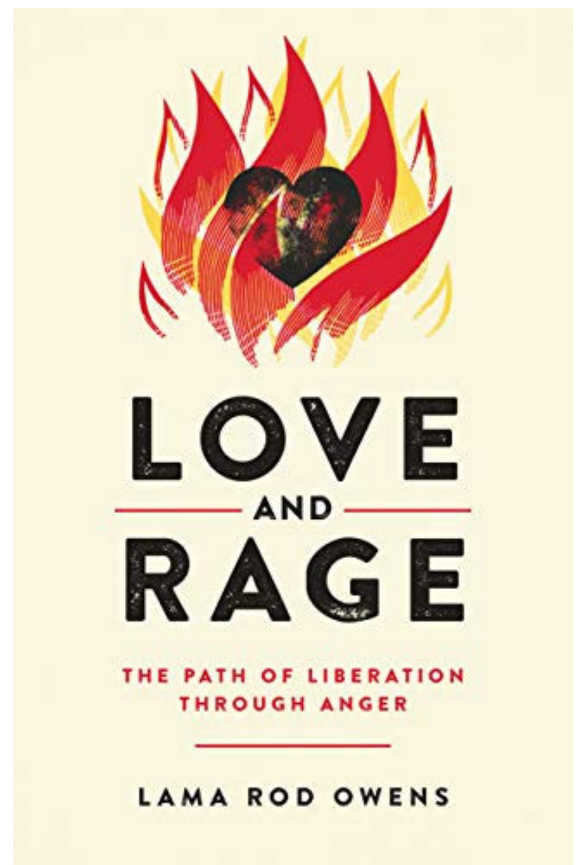
**Time:** 7:00pm-8:30pm

If interested in joining, contact [info@marici-fellowship.org](mailto:info@marici-fellowship.org)

Book Club is a safe space to have authentic conversations, grow together, share experiences, and dig deep into our own biases. Reflecting on the experiences that have shaped our thoughts and beliefs in order to change and create ways to become an uplifting energy to our fellow human beings, especially those in the BIPOC and LGBTQ communities. Connecting these experiences with the Dharma, we expand our practices in compassion, equanimity and understanding.

Discussions around the chapters read in the book become the jumping off point to the internal work we are doing.

Everyone is welcome. Participation in every meeting isn't required.



### The Marici Fellowship Allyship Program

The Marici Fellowship Allyship program focuses on the understanding that although we may acquire racist or discriminatory tendencies, and these may have become part of our conditioning, it is not our true nature. Our inherent condition is our Buddha Nature, compassion and non-violence.

Knowing this, the goal of the Allyship program is to provide tools to draw from, to build awareness, to make it possible to live by non-violence and compassion, our universal way of being. In this way becoming true allies, and a genuine part of creating the changes that need to be made.

Keep up to date on Book Club, The Ally Program, and The Marici Fellowship by visiting <https://marici-fellowship.org>